

face

Terre & Mer Organic Ritual 90 minutes [\$215]

Those seeking an organic solution will delight in this face and body ritual. A delicious moment of relaxation for the body combined with a complete restorative facial, leaving the skin soft and supple and the senses soothed.

Specialized Facials by Thalgo 75 minutes [\$175]

A result driven, yet sensory experience with a welcome massage, delivering exceptional results with professional customized solutions based on your priorities (anti-ageing, brightening, oily or dehydrated).

Classically French 60 minutes [\$140]

Gentle cleansing, exfoliation, massage & mask using ingredients tailored to treat your skin type.

Mineral Energy
Men's Facial Treatment 60 minutes [\$140]

Male specific anti-ageing facial treatment for radiant, youthful looking skin.

Chronodetox 45 minutes [\$95]

Pressed for time? This Express treatment revives tired dull skin and prepares it to brave environmental aggressors a quick pick me up.

body

Purity Exfoliating Treatment 30 minutes [\$115]

This gentle exfoliating treatment will rid the skin of impurities in depth, smoothes and improves leaving the skin radiant and soft.

Vanilla Bean Crème Body Polish 45 minutes [\$125]

Illuminate your skin with a smoothing infusion of exotic papaya walnut crème and mineral rich French clay. A hypnotic infusion of pure vanilla bean and vitamin E gentle smooth your skin while providing rich hydration to moisture and replenish. Ideal for sensitive skin and skin requiring a more gentle or nonabrasive exfoliation.

Lemon Grass Salt Glow 45 minutes [\$125]

A deeply exfoliating spa ritual to create smoothly silky skin. Enjoy a stimulating blend of Australian washed minerals salts infused with nourishing cold pressed plant oils and vitamins to instantly revitalize skin tone texture and hydration. Your skin is smoothed to a radiant glow and finished with a replenishing green tea and lemongrass rich moisture treatment.

Chrono-Marine Treatment 45 minutes [\$150]

A silky infinitely soft algae gel to drain and detoxify delivering a high performance body wrap combating fluid retention.

Indoceane Spa Ritual 90 minutes [\$195]

A luxurious spa treatment where your mind and body will be in total relaxation, taking you on a sensory journey around the Mediterranean, Egypt, India and China. The treatment begins with a full body exfoliation using a blend of sugars and salts. A 2 step Indian massage leads the body into a state of harmony and a sublime body wrap to complete the indoceane treatment.

Waterlily Seasonal Wraps 90 minutes [\$195]

Purifying Marine Body, Rejuven essence or chai to unwind and relax the body depicting seasonal needs and changes.

packages

Energizing Blitz 2 hours 15 minutes [\$200]

60 minute personal training session, cold protein shake and a 60 minute deep tissue massage.

Couples Celebration per couple 60 minutes

Select either a 60 minute massage or facial

With High Tea [\$335]

With High Tea & Champagne [\$395]

Pampers Delight 3 hours 15 minutes [\$350]

Express manicure, express pedicure, paraffin hands and feet, 60 minute facial and orange hair treatment.

Revive Me 2 hours [\$270]

60 minute facial tailored to your skin and 60 minute relaxing massage.

Your Rejuvenation 5 hours 30 minutes [\$650]

Indulge in a scrub, followed by a body wrap, and a warm oil massage. Experience a 75 minute facial tailored to your skin, and a scalp massage with hot wax through the hair. Finally, enjoy an express manicure / pedicure with paraffin wax. A healthy lunch on the Spa terrace is included.

**Experience one of our exclusive packages
or tailor your own package to suite your needs.**

OPENING HOURS

6am-9pm daily

For reservations please call

02 9286 6830 (ext 6830)

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Sheraton on the Park, 161 Elizabeth Street, Sydney www.sheraton.com/sydney



Sheraton
On the Park
HOTEL



On The Park
rejuvenation
DAY SPA

beauty

Full leg wax	\$65
Half leg wax	\$40
Full arm wax	\$50
Half arm wax	\$35
Underarm wax	\$30
Lip or Chin wax	\$20
Eyebrow shape	\$40
Eyebrow tint	\$25
Eyelash tint	\$35
Eyelash & brow tint	\$50

mens

Back wax	\$65
Chest wax	\$65
Back & shoulder wax	\$85

Cancellation

Cancellations are required 4 hours prior to your appointment; any cancellations after this will incur a fee of 50%. Arriving late may require us to shorten the length of your treatment with full charges applied.

Gift Certificates

On The Park Rejuvenation certificates are perfect for any occasion and are available for individual treatments, spa packages or predetermined denominations. Gift vouchers can be mailed directly to you or the recipient. Purchases may be made over the phone with your credit card.

signatures

Breath of Pure Air 75 minutes [\$180]

Pure sensations of a deep detoxification allowing the skin to breathe again and stay protected. Gentle and purifying scents to immerge the skin of feeling fresh and relaxed.

Precious Earth Facial Treatment 75 minutes [\$180]

An active anti-ageing solution for a relaxed, smooth and luminous complexion, complete with a foot bath/tension relieving massage using energy based oils and special skin therapy.

Smoothing Sand Body Exfoliation 45 minutes [\$140]

Smoothing the entire body with Polynesian white sand, leaving your skin feeling soft, clean and radiant.

Awakening to the Earth Hot Stone Massage 75 minutes [\$215]

Deeply relaxing massage using precious stones, hot basalt rocks and anti-stress body clay which releases tension and recharges the body's energetic balance.

Terra Magica 1 hour 45 minutes [\$350]

Award winning retreat incorporating body exfoliation and massage. Results orientated facial treatment customized for male or female guests completed with hot oil hair and scalp wrap.

Healing Energy 60 minutes [\$160]

Balancing ritual including body exfoliation and body massage to smooth the skin and enhance energy flow.

Earth of Fire Four Hand Massage 60 minutes [\$250]

Twice the luxury with continuous rhythmical strokes that embraces your inner wellbeing and body as 2 therapists synergise in a hot wax massage.

massage

Select from Remedial, Relaxation or Deep Tissue Massage

30 minutes [\$85]

60 minutes [\$140]

90 minutes [\$195]

Hot Stone Massage 90 minutes [\$240]

Enquire about specialties such as reiki, reflexology.

in-room massage

60 minutes [\$160]

90 minutes [\$230]

Enquire about our couples in-room packages.

addon

Orange Crème Hair Treatment Masque 20 minutes [\$55]

Hand and Feet Care 30 minutes [\$65]

Spoil your hands and feet with an exfoliation massage and moisturize

Paraffin Wax 15 minutes [\$25]

Rejuvenate Manicure 60 minutes [\$115]

Exfoliate, massage, cuticles, filing and polish

Rejuvenate Pedicure 60 minutes [\$115]

Quick Fix Manicure 30 minutes [\$80]

File, clean buff and paint

Quick Fix Pedicure 30 minutes [\$80]

French Polish 15 minutes [\$25]

Let us take you on a journey to the heart of your inner self